



# Vista Del Mar Middle School

## Revised Schedules 2022-2023

<b>6<sup>th</sup> Grade</b>	
<b>Schedule: Regular Day</b>	
School Begins	8:30 am
Recess 1 :	10:00 – 10:15 am
Recess 2:	10:15 – 10:30 am
<b>6<sup>th</sup> Lunch:</b>	<b>12:30 - 1:15 pm (45)</b>
Dismissal:	3:00 pm

<b>6<sup>th</sup> Grade</b>	
<b>Schedule: Minimum Day</b>	
School Begins	8:30 am
Recess 1 :	10:00 – 10:15 am
Recess 2:	10:15 – 10:30 am
<b>6<sup>th</sup> Lunch:</b>	<b>11:30 - 12:15 pm (45)</b>
Dismissal:	1:30 pm

<b>7<sup>th</sup> Grade</b>	
<b>Bell Schedule: Regular Day</b>	
Period 1	8:00 am - 8:52 am (52)
Period 2	8:56 am - 9:48 am (52)
Period 3	9:52 am - 10:44 am (52)
<b>7<sup>th</sup> Lunch</b>	<b>10:44 am - 11:29 am (45)</b>
7 <sup>th</sup> Period 4	11:33 am - 12: 25 pm (52)
Period 5	12:29 pm - 1:22 pm (53)
Period 6	1:26 pm - 2:19 pm (53)
Instructional Minutes = 334 min (314 min + 20 min)	

<b>7<sup>th</sup> Grade</b>	
<b>Bell Schedule: Minimum Day</b>	
Period 1	8:00 am - 8:37 am (37)
Period 2	8:41 am - 9:18 am (37)
Period 3	9:22 am - 9:59 am (37)
<b>7<sup>th</sup> Lunch</b>	<b>9:59 am - 10:44 am (45)</b>
Period 4	10:48 am - 11:25 am (37)
Period 5	11:29 am - 12:05 pm (36)
Period 6	12:09 am - 12:45 pm (36)
Instructional Minutes = 240 min (220 min + 20 min)	

<b>8<sup>th</sup> Grade</b>	
<b>Bell Schedule: Regular Day</b>	
Period 1	8:00 am - 8:52 am (52)
Period 2	8:56 am - 9:48 am (52)
Period 3	9:52 am - 10:44 am (52)
8 <sup>th</sup> Period 4	10:48 am - 11:40 am (52)
<b>8<sup>th</sup> Lunch</b>	<b>11:40 am - 12:25 pm (45)</b>
Period 5	12:29 pm - 1:22 pm (53)
Period 6	1:26 pm - 2:19 pm (53)
Instructional Minutes = 334 min (314 min + 20 min)	

<b>8<sup>th</sup> Grade</b>	
<b>Bell Schedule: Minimum Day</b>	
Period 1	8:00 am - 8:37 am (37)
Period 2	8:41 am - 9:18 am (37)
Period 3	9:22 am - 9:59 am (37)
Period 4	10:03 am - 10:40 am (37)
<b>8<sup>th</sup> Lunch</b>	<b>10:40 am - 11:25 am (45)</b>
Period 5	11:29 am - 12:05 pm (36)
Period 6	12:09 am - 12:45 pm (36)
Instructional Minutes = 240 min (220 min + 20min)	

6th Teacher Duty Day: 8:15 am – 3:30 pm  
7<sup>th</sup> & 8<sup>th</sup> Teacher Duty Day: 7:45 am – 3:00 pm



# Vista Del Mar Middle School Revised Schedules 2022-2023



<b>6<sup>th</sup> Grade</b>	
<b>Schedule: Regular Rainy Day</b>	
School Begins	8:30 am
Recess 1 :	10:00 – 10:15 am
Recess 2:	10:15 – 10:30 am
<b>6<sup>th</sup> Lunch:</b>	<b>12:30 - 1:00 pm (30)</b>
Dismissal:	3:00 pm

<b>6<sup>th</sup> Grade</b>	
<b>Schedule: Minimum Rainy Day</b>	
School Begins	8:30 am
Recess 1 :	10:00 – 10:15 am
Recess 2:	10:15 – 10:30 am
<b>6<sup>th</sup> Lunch:</b>	<b>11:30 - 12:00 pm (30)</b>
Dismissal:	1:30 pm

<b>7<sup>th</sup> Grade</b>		
<b>Schedule: Regular Rainy Day</b>		
Period 1	8:00 am - 8:55 am	(55)
Period 2	8:59 am - 9:54 am	(55)
Period 3	9:58 am - 10:53 am	(55)
<b>7<sup>th</sup> Lunch</b>	<b>10:53 am - 11:23 am</b>	<b>(30)</b>
7 <sup>th</sup> Period 4	11:26 am - 12:21 pm	(55)
Period 5	12:25 pm - 1:20 pm	(55)
Period 6	1:24 pm - 2:19 pm	(55)
Instructional Minutes = 350 min (331 min + 19 min)		

<b>7<sup>th</sup> Grade</b>		
<b>Schedule: Minimum Rainy Day</b>		
Period 1	8:00 am - 8:40 am	(40)
Period 2	8:44 am - 9:24 am	(40)
Period 3	9:28 am - 10:08 am	(40)
<b>7<sup>th</sup> Lunch</b>	<b>10:08 am - 10:38 am</b>	<b>(30)</b>
Period 4	10:41 am - 11:21 am	(40)
Period 5	11:25 am - 12:03 pm	(38)
Period 6	12:07 am - 12:45 pm	(38)
Instructional Minutes = 255 min (236 min + 19 min)		

<b>8<sup>th</sup> Grade</b>		
<b>Bell Schedule: Regular Rainy Day</b>		
Period 1	8:00 am - 8:55 am	(55)
Period 2	8:59 am - 9:54 am	(55)
Period 3	9:58 am - 10:53 am	(55)
8 <sup>th</sup> Period 4	10:57 am - 11:52 am	(55)
<b>8<sup>th</sup> Lunch</b>	<b>11:52 am - 12:22 pm</b>	<b>(30)</b>
Period 5	12:25 pm - 1:20 pm	(55)
Period 6	1:24 pm - 2:19 pm	(55)
Instructional Minutes = 350 min (331 min + 19 min)		

<b>8<sup>th</sup> Grade</b>		
<b>Bell Schedule: Minimum Rainy Day</b>		
Period 1	8:00 am - 8:40 am	(40)
Period 2	8:44 am - 9:24 am	(40)
Period 3	9:28 am - 10:08 am	(40)
Period 4	10:12 am - 10:52 am	(40)
<b>8<sup>th</sup> Lunch</b>	<b>10:40 am - 11:25 am</b>	<b>(30)</b>
Period 5	11:25 am - 12:03 pm	(38)
Period 6	12:07 am - 12:45 pm	(38)
Instructional Minutes = 255 min (236 min + 19 min)		

6th Teacher Duty Day: 8:15 am – 3:30 pm
7 <sup>th</sup> & 8 <sup>th</sup> Teacher Duty Day: 7:45 am – 3:00 pm